



**NAFI
Connecticut, Inc.**

creating diverse and innovative services for people

Services Provided:

- Individual and family counseling
- Regular psychiatric consultation
- Educational coordination and support services
- Trauma-informed service delivery
- Behavioral support services
- Individualized independent living skills plan for each youth
- Case management and service coordination



Thomaston Group Home

273 Prospect Street
Thomaston, CT 06787
Phone: 860.283.0243
Fax: 860.283.5611

NAFI Connecticut, Inc.

20 Batterson Park Road, Suite 301
Farmington, CT 06032
Phone: 860.284.1177
Fax: 860.284.1125

For an overview of NAFI/NFI programs and services, please visit our web site at www.nafi.com.

Thomaston Group Home



NAFI CT works collaboratively with the Department of Children and Families to provide quality services to the youth of Connecticut.

Building healing connections

NAFI Connecticut, Inc. Thomaston Group Home

NAFI Connecticut, Inc. is a multi-service agency that provides programming, consultation and individualized support services to youth, families and adults in a variety of settings. Foster care, developmental services, residential treatment, in-home services and consultation are provided by the agency with the mission of *creating diverse and innovative services for people.*

The Thomaston Group Home, nestled in the hills of Litchfield County, provides long-term care for 5 young men with developmental disabilities with a co-occurring mental health disorder. The home and its staff provide around the clock supervision, clinical services and unconditional support to youth between the ages of 11 and 21 in an environment that allows for individualized treatment and subsequent planning. Thomaston Group Home honors and appreciates that each boy is unique and focuses on strengths, while facilitating independence. This allows for each boy to succeed at his own rate and comfort level while focusing on integration within the community. *"We go out with everyone else...places I've never been before."*

Behavior Technicians are specifically trained to work with the young men utilizing a relational approach which fosters healing and promotes skill building. Skill building ranges from emotional self-regulation to activities of daily living. *"Our goal is to get them to their personal best in all facets of life, regardless of their limitations."*

Individual dreams and obtainable goals for the future are avidly encouraged and staff view themselves as role models in helping each boy to foster his talents and skills. *"It is up to us to mimic responsible and positive choices...we are keenly aware of the impact we have on our boys and how our positive presence can change their lives for the better."*

The Thomaston Group Home team identifies each youth's strengths and needs. We provide an emotionally and physically safe environment which allows for clinical exploration of each, in effect maintaining the delicate balance between the two. *"Staff keep us safe and in a nice comfortable place...they care and want us to live a healthy life...now I talk about the stuff in my life I didn't feel comfortable talking about...I can work through my ups and downs."*



Family is an integral part of the Thomaston Group Home. Each resident's family is encouraged to be active in all treatment planning and maintain active roles in the lives of their child. Every effort including, family visits, family sessions, phone calls and letter writing is encouraged in order to support ongoing relationships with family, friends and mentors. The goal is to maintain and perhaps strengthen the family unit versus serve as a replacement. *"Thomaston helped me get along with my family...now we talk better...were like team now."*